

ALLERGY SKIN TESTING INSTRUCTIONS

Allergy skin testing provides a fast, safe and reliable means for identifying allergic sensitivities to inhalant allergens (e.g., pollens, molds, dust mites and animal danders) and is also used sometimes to diagnose allergic sensitivities to foods and sometimes antibiotics and insect stings. The information obtained from allergy testing provides guidance for avoidance of allergens and potential medication choices. Test results may also be used to formulate allergy shot extracts. In order to make your allergy testing appointment as productive as possible, we ask that you review the following instructions prior to your appointment:

1. Although the testing itself may be completed in one hour or less, additional time may be needed to discuss results, allergy avoidance measures, medications or allergy shot treatments.
2. Wear a shirt or blouse, which can be removed easily. Prick skin testing is performed using the OMNI™ device applied to the back.
3. Many medications interfere with allergy skin testing and many do not. Below you will find a list of both. Those that do interfere should be discontinued in the time specified. ***If you have a medical condition or severe allergic symptoms which might worsen without medications, please consult us prior to stopping these medications. We can often find a way to work around such problems.*** If you have forgotten to stop these medications by the specified time, please consult one of our team members to determine whether or not you need to reschedule your allergy testing appointment.

Please CONTINUE the following medications as prescribed (list may not be inclusive):

Medications for Asthma: Breo, Dulera, Advair, Symbicort, Pulmicort, Qvar, Asmanex, Proair, Singulair, etc.

Topical cortisone nasal sprays: Flonase, Nasonex, Nasacort, Rhinocort, Veramyst, etc.

Medications including: proton pump inhibitors, medication for high blood pressure and other chronic medical conditions, etc.

Commonly Prescribed Medications to be DISCONTINUED 4 DAYS prior to Skin Testing

Please take note of the common generic name of certain medications in bold

Includes certain **Nasal Sprays** and **Eye Drops**

If there are any questions - please contact Premier Allergy or your Prescribing Provider

Advil Cold & Sinus		Ahchew	
Alavert	loratadine	Actifed	chlorpheniramine/ phenylephrine
Allegra, Allegra-D	fexofenadine	AllerX	chlorpheniramine/ phenylephrine
Antivert	meclizine	Alomide	Lodoxamide
Astelin	azelastine	Axid	Nizatidine
Astepro	azelastine	Bonine	Meclizine
Atarax	hydroxyzine	Bromfed	
Benadryl	diphenhydramine	Clemastine	
Chlor-Trimenton	chlorpheniramine	Compazine	prochlorperazine
Clarinex	desoloratidine	Comtrex	acetaminophen/ guaifenesin
Claritin, Claritin-D	loratidine	Contac	Phenylephrine
Dimetapp		Coricidin	acetaminophen/ chlorpheniramine
Dramamine	Dimehydrinate	DAllergy	chlorcyclizine hydrochloride/ phenylephrine hydrochloride
Dymista	azelastine	Dimetane	Brompheniramine
Optivar	azelastine	Drixoral	dexbrompheniramine/ psuedoephedrine
Pataday	olopatadine	Durahist	dexchlorpheniramine/ methscopolamine/ pseudoephedrine
Patanase	olopatadine	Extendryl	chlorpheniramine/ phenylephrine/ methscopolamine
Patanol	olopatadine	Formula 44	Dextromethorphan
Pepcid	famotidine	Histavent	chlorpheniramine/ methscopolamine/ phenylephrine
Phenergan	promethazine	Multisymptom Nyquil	Acetaminophen/ Doxylamine/ Dextromethorphan/ Pseudoephedrine
Periactin	cyproheptadine	Nytol	Diphenhydramine
Sudafed	pseudoephedrine	Omnihist	Chlorphenamine/ Methyscopolmine/ Phenylephrine
Tagament	Cimetidine	Rescon	Chlorphenamine/ dextromethorphan/ pseudoephedrine
Tylenol PM Tylenol Cold and Sinus		Rhinosyn	chlorpheniramine/ dextromethorphan/ pseudoephedrine
	hydroxyzine	Rynatan	chlorpheniramine/ phenylephrine
Xyzal	levocetirizine	Sominex	Diphenhydramine
Zantac	ranitidine	Tavist, Tavist-D	clemastine
Zyrtec	cetirizine	Triaminic	dextromethorphan/ phenylephrine
		Tripelennamine	
		Vicks	acetaminophen/ phenylephrine
		4-way	Phenylephrine

ALL MEDICATIONS LISTED BELOW WILL INTERFERE WITH SKIN TESTING.

ALL OTHER MEDICATIONS CONTINUE AS PERSCRIBED

Commonly Prescribed Medications to be DISCONTINUED 48 HOURS prior to Skin Testing
Please take note of the common generic name of certain medications in bold
*****Please contact your Prescribing Provider prior to discontinuing the below medications*****

Adapin	doxepin	Anafranil	Clomipramine
Ativan	Lorazepam	Aventyl	Nortriptyline
Celexa	Citalopram	Ascedin	Amoxapine
Cymbalta	duloxetine	Buspar	bupirone
Doxepin	doxepin	Desyrel	trazadone
Effexor/Effexor XR	venlafaxine	Librax	chlor diazepoxide/clidinium
Elavil	Amitriptyline	Ludiomil	Mapotiline
Klonopin	Clonazepam	Mellaril	Thioridazine
Levate	Amitriptyline	Navane	Thiothixene
Lexapro	ecitalopram	Norpramin	Desipramine
Paxil	paroxetine	Pamelor	Nortriptyline
Prozac	fluoxetine	Serzone	Nefazodone
Remeron	Mirtazapine	Stelazine	trifluoperazine
Restoril	temazepam	Silenor	doxepin
Welbutrin	Bupropion	Sinequan	doxepin
Xanax	Alprazolam	Surmontil	Trimipramine
Zoloft	sertraline	Thorazine	chlorpromazine
		Triptil	protriptyline
		Vanatrip	Amitriptyline
		Vivactil	protriptyline
		Tofranil	Imipramine
		Zonalon	Doxepin Cream

PLEASE CALL OUR OFFICE AND ASK TO SPEAK WITH A TEAM MEMBER IF YOU HAVE ANY ADDITIONAL QUESTIONS REGARDING THESE INSTRUCTIONS.